

Comprehensive Diabetes Care for Aged and Disability Support Workers

Welcome to the "Comprehensive Diabetes Care for Aged and Disability Support Workers" course, your essential guide to mastering diabetes management in care settings. As the prevalence of diabetes continues to rise among older adults and individuals with disabilities, the demand for highly trained support workers has never been greater. This comprehensive online course is meticulously designed to equip aged care and disability support professionals with the critical knowledge and practical skills required to provide exceptional, person-centered diabetes care.

Throughout this extensive program, you will explore the fundamental differences between Type 1, Type 2, and gestational diabetes, and learn to recognise crucial signs and symptoms.We delve deep into daily management strategies, including advanced blood glucose monitoring techniques, the use of continuous glucose monitors (CGMs), and insulin administration via pens and pumps. You will also gain life-saving skills in first aid management for diabetic emergencies, such as hypoglycemia and hyperglycemia, ensuring you can act swiftly and confidently when it matters most. Beyond medical management, this course emphasises holistic care.

You will discover tailored approaches to healthy eating for older adults, modified diets for swallowing difficulties, and the importance of physical activity. Furthermore, we cover the prevention of long-term complications through proper foot, skin, eye, and oral care. Finally, you will navigate the complexities of Diabetes Management Supports, including the NDIS and NDSS, empowering you to advocate for and implement effective disability-related diabetes management plans. Enroll today to elevate your caregiving expertise and make a profound difference in the lives of those living with diabetes.

Disclaimer: Our soft skills self-paced courses are designed with a human-in-the-loop with the assistance of generative AI.

Type:	Duration:	Delivery:	Cost:
MOOC *(Massive Open Online Course)*	2 Hours	Structured Self-Directed Online Learning	$65.00

What you will Learn

By the end of this course, you will be able to:

- Understand the different types of diabetes, including Type 1, Type 2, and gestational diabetes, and their specific symptoms.
- Perform accurate blood glucose monitoring using traditional glucometers and modern continuous glucose monitoring (CGM) technology.
- Respond effectively to diabetic emergencies, including hypoglycemia, hyperglycemia, and ketoacidosis, following first aid guidelines.
- Identify and assist with various diabetes medications, including oral tablets, non-insulin injectables, and insulin pumps.
- Support healthy eating habits, carbohydrate counting, and modified diets for older adults and individuals with swallowing difficulties.
- Implement preventative care strategies for common diabetes complications, focusing on foot, skin, eye, and oral health.
- Navigate support systems like the NDIS and NDSS to facilitate delegated care and comprehensive diabetes management plans.

Who is this Course For?

This course is for disability support workers and carers, delivering safe, respectful, and person-centered diabetes management assistance as a critical responsibility that directly impacts a participant's health, dignity, and overall quality of life.

Certificate of Participation

When you successfully complete this course you will receive a digital 'Certificate of Participation' from the Nationally recognised Registered Training Organisation (RTO:45552) Assist Ability Academy stating the following module has been achieved:

- **NDIS0011 Comprehensive Diabetes Care for Aged and Disability Support Workers**

Ready, Set, Study!

Enrol today to future-proof your practice, safeguard your organisation, and continue making a positive impact in your clients lives.

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